

Seeley Lake Volunteer Advocate Training Topics

- 9 sessions, 2.5 each, 22.5 total
- Training videos:
 - Rape is... (Eve Ensler)
 - Angie's Story (SA)
- John Lamb?
- WA State Coalition resource page
- Montana shelters list
- Other topics after training: Native women and children, LGBT, disability, male victims

<p>Monday, January 30</p> <p>6-8:30</p> <p>Amie - confirmed</p>	<p>Overview (Frank & Lynn) – ½ hour</p> <ul style="list-style-type: none"> ○ Purpose of program ○ Expectations of volunteers: hours per month on-call, confidentiality (HIPPA), types of situations they will be handling ○ Services provided ○ Philosophy ○ Ground rules for training <p>NCBI (Amie) – 2 hours</p> <ul style="list-style-type: none"> ○ Cultural diversity ○ Gender ○ Worldview ○ How do my own biases affect my work? ○ What do I want to get out of this training and out of being a volunteer advocate?
<p>Tuesday, January 31</p> <p>6-8:30</p> <p>confirmed</p>	<p>Basic advocacy (Kelly, Lindsay, other CVAs)</p> <ul style="list-style-type: none"> ○ Role of an advocate ○ Active listening ○ Stages of crisis intervention ○ What is the rescue triangle – how can I avoid it? ○ Motivational interviewing (open-ended questions) <p>Rural issues: Boundaries & confidentiality</p>
<p>Wednesday, February 8</p> <p>6-8:30</p> <p>confirmed</p>	<p>DV 101 (Kelly & Lindsay) – incorporate some MVP activities</p> <ul style="list-style-type: none"> ○ What is abuse? ○ Power & control ○ Safety planning ○ Lethality ○ Why does she stay? Why doesn't she want him arrested? ○ Stalking ○ Dealing with difficult victims (Blanket activity) ○ Taking the focus away from the victim and onto the perpetrator ○ Scenarios and case discussion
<p>Thursday,</p>	<p>Trauma</p>

<p>February 9</p> <p>Kim – confirmed</p> <p>6-8:30</p> <p>Maureen - confirmed</p>	<ul style="list-style-type: none"> ○ A frame of reference for advocates – how does the cycle of violence start? ○ Trauma response & links to other issues like addiction, eating disorders, health, etc. ○ Signs of PTSD <p>Mental health (Maureen O’Malley – 90 minutes)</p> <ul style="list-style-type: none"> ○ Suicide prevention ○
<p>Wednesday, February 15</p>	<ul style="list-style-type: none"> ○ DV & Children (Kelly Slattery) <ul style="list-style-type: none"> ○ Effects of DV on children ○ Signs of child abuse and reporting policy ○ How to talk to children when responding to a DV incident ○ Child development & leading questions ○ Scenarios and case discussion
<p>Thursday, February 16</p>	<ul style="list-style-type: none"> ○ Sexual assault & child sexual abuse (Mary Pat) <ul style="list-style-type: none"> ○ Definition of SA ○ Ways to help ○ Reactions that can occur ○ Reporting options ○ Abortion and pregnancy counseling options ○ First STEP services
<p>Wednesday, February 22</p>	<p>Turning Point – addictions (waiting on recommendations from Theresa)</p> <p>Resources (Kacey from 211?)</p> <ul style="list-style-type: none"> ○ Services: Pathways, YWCA groups, CVA, Planet Kids, Crime Victim Compensation, restitution (?), batterers’ intervention ○ Public Assistance, food stamps, disability ○ Treatment courts ○ Vet Center ○ Disabilities services ○ Children’s services (Parenting Place, etc)
<p>Thursday, February 23</p>	<ul style="list-style-type: none"> ○ Criminal process (Kirsten Pabst-LaCroix, Bob Parcell and Heath Hanson, Tanya Campbell) <ul style="list-style-type: none"> ○ Overview of judicial process for protection orders and criminal charges ○ Sheriff’s presentation ○ Being subpoena’d and testimony when you respond to SA calls ○ County attorney ○ Victims recanting: how to prevent it and how to respond to it ○ Civil process (briefly)

	<ul style="list-style-type: none"> ○ Check in – what did we miss? What do you want to discuss next week?
<p>Wednesday, February 29</p>	<p>Cover anything missed, wrap up any conversations that were cut short – any last scenarios, case discussions</p> <p>Evaluation & celebration Protocol discussion? Q&A session for any lingering questions Group discussion Safety issues: what to do if a situation becomes dangerous, etc.</p> <ul style="list-style-type: none"> ○ How might I be triggered by some situations and what do I need to watch for? ○ In what areas do I feel strong? ○ Where can I use more training? ○ Do I need to discuss any issues I'm having?